

WEEK 1 MENU



Monday

Tuesday

Wednesday

Thursday

Friday

WORLD FOOD DAY
Italian

PLANET EARTH DAY

ORIGINALS DAY

STREET FOOD DAY

FRIDAY FAVOURITES

MAIN 1

Mac n Cheese



Roasted Vegetable
Pasta Bake



Roast Chicken

Honey Glazed
Chicken Thigh

Oven Baked Fish
Fingers

Main 2

Kale and Edamame
Bean Frittata



Cheese & Tomato
Pizza



Roasted Quorn
Fillet
& Gravy



Quorn Sausage Pattie
Burger



Plain Omelette
or
Cheese & Tomato
Omelette



Carbohydrates

Garlic Bread
Slices

New Potatoes or
Wholemeal Penne
Pasta



Roasted Potatoes or
Wholemeal Penne
Pasta



Boiled White and
Brown Rice or
Wholemeal Penne
Pasta



Oven Baked Chips

Vegetables

Mixed Salad
Coleslaw

Green Beans
Fresh Sliced Carrots

Fresh Carrots
Broccoli Florets

Roasted Sweetcorn
Mixed Salad

Garden Peas
Baked Beans
Mixed Salad



Desserts

Vanilla Cheesecake
Organic Yoghurts

Watermelon Lollies
Organic Yoghurts

Fresh Vanilla
Sponge
and Custard
Organic Yoghurts



Freshly Made
Chocolate Cookie
Organic Yoghurts



Strawberry Frozen
Yoghurt
Fresh Fruit Wedge
Organic Yoghurts



AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan



Organic

For allergen content please speak to member of staff who will be happy to assist



Working together

WEEK 2 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
	ORIGINALS DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Oven Baked Sausage & Onion Gravy	BBQ Chicken and Sweetcorn Pizza	Roast Pork	Cheesy Baked Gnocchi	Oven Baked Breaded Fish (Pollock) Oven Baked Fish Fingers
Main 2	Quorn Sausage & onion Gravy	Southern Baked Halloumi Burger, Bun & Salad with BBQ Sauce	Roasted Quorn Fillet & Gravy	Cheese & Tomato Quiche	Roasted Vegetable Wholemeal Pasta Bake
Carbohydrates	Mashed Potatoes or Wholemeal Penne Pasta	Baked Sweet Potato Wedges or Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Boiled White and Brown Rice or Penne Pasta	Oven Baked Chips
Vegetables	Fine Green Beans Fresh Sliced Carrots	BBQ Baked Beans Red Cabbage Coleslaw	Savoy Cabbage Fresh Glazed Carrots	Broccoli Florets Sweetcorn	Garden Peas Carrots Baked Beans
Desserts	Chocolate Sponge & Chocolate Sauce Organic Yoghurts	Orange Jelly Fresh Fruit Salads Organic Yoghurts	Strawberry Bakewell Tart and Custard Organic Yoghurts	Apple Shortbread Custard Sauce Organic Yoghurts	Chocolate Pot Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Vegetarian Vegan Organic

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WEEK 3 MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	WORLD FOOD DAY Asian	FRIDAY FAVOURITES
MAIN 1	Cheese & Tomato Pizza	Mixed Bean & Chickpea Wrap	Roast Chicken	Choose from: Katsu Chicken Curry	Oven Baked Fish
Main 2	Cheese & Broccoli Flan	Quorn Hot Dog Roll	Quorn Roast	Chinese Noodles with Vegetables & Soya Beans	Halloumi and Vegetable Kebab Served on Flat Tortilla
Carbohydrates	Half Jacket Potato or Wholemeal Penne Pasta	Mashed Potatoes or Wholemeal Penne Pasta	Roast Potatoes or Penne Pasta	Boiled White and Brown Rice or Penne Pasta	Oven Baked Chips
Vegetables	Broccoli Florets Mixed Bean Salad	Fresh Glazed Carrots Green Beans	Savoy Cabbage Roasted Vegetables	Green Beans Sweetcorn	Garden Peas Baked Beans
Desserts	Neapolitan Ice Cream Slice Watermelon Cubes Organic Yoghurts	Chocolate Beetroot Cake Organic Yoghurts	Wholemeal Apple Crumble & Custard Organic Yoghurts	Lemon Curd Meringue Pizza Slice Organic Yoghurts	Strawberry Jelly Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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Vegetarian **Vegan** **Organic**

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