





w/c-30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03











Monday

Tuesday

Wednesday

Thursday

Friday

WORLS FOOD SAY

STREET FOOD BAY

ORIGINALS BAY

PLANET EARTH BAY

FRIBAY FAVOURITES

Minced Beef and Potato Pie

Korean Chicken Burger

Roast of the Day

Margherita Pizza V

Oven Baked Breaded Fish Fingers

Shepherdess Pie

Creamy Mashed

Potato*

Cheese & Tomato

Roasted Ouorn Fillet, Tomato Gravy

Roasted Potatoes

Teriyaki Noodles with Edamame Beans Veggie Nuggets 🐇

PLANT



Quesadilla

Red Onion Foccacia Slice

Oven Baked Chips

Carbohydrates

Roasted Carrots

Spiced Green Beans

Braised Rice 🚣

Roasted Winter Vegetables

Sweetcorn

Garden Peas Baked Beans 🐯

Iced Carrot Cake Selection of Yoghurts, Fruit,

Flapjack Selection of Yoghurts, Fruit, Plum Pudding Cake Selection of Yoghurts, Fruit,

Jelly Crunch Pot Selection of Yoghurts, Fruit, 👸 Vanilla Ice Cream Selection of 0 Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!









For allergen content please speak to member of staff who will be happy to assist



w/c - 06/11, 27/11, 18/12, 08/01, 29/01, 11/03











Monday

Tuesday

Wednesday

Thursday

Friday

WORLS FOOD SAY

PLANET EARTH BAY

ORIGINALS BAY

STREET FOOD BAY

FRIBAY FAVOURITES

Chicken or Pork Sausage

Macaroni Cheese

Roast of the Day

Mild Chicken Curry

Oven Baked Fish Fingers

Vegan Sausage & Gravy 📸

Chickpea and Coconut Curry with Rice PLANT CO

Roasted Vegetable Tart

Vegetable and Mozzarella Traybake Vegan Katsu with Chips PLANT

Carbohydrates

Mashed Potato

Garlic and Parsley Bread

Roasted Potatoes

Braised Rice 📸

Oven Baked Chips 📸

Braised Red Cabbage

Stir Fry Vegetables

Fresh Carrots and Cabbage 😳

Roasted Cauliflower

Garden Peas

Baked Beans

Vegan Sweet Potato & Ginger Cake Selection of Yoghurts, Fruit,

Apple Shortbread m Selection of

Yoghurts, Fruit,

Berry Crumble Traybake Selection of Yoghurts, Fruit,

Chocolate and Beetroot Cake Selection of 🙀 Yoghurts, Fruit,

Carrot and Apple Muffin Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!









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w/c - 13/11, 04/12, 15/01, 05/02, 26/02, 18/03











Monday

Tuesday

Wednesday

Thursday

Friday

STREET FOOD BAY

ORIGINALS ∌AY

PLANET EARTH BAY

FRIBAY FAVOURITES

Wholemeal Meat Feast Pizza

Pasta Bolognaise

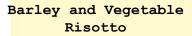
Roast of the Day

Roasted Tomato and Pesto Pasta

Oven Baked Breaded Fish

Sweet Potato and White Bean Calzone Pizza





Mediterranean Gnocchi Bake

Cheese & Tomato Pinwheels

Vegetarian Sausage and Bean Hot Pot

Carbohydrates







Baked Half Jacket Potato 🔞

Oven Baked Chips

Baked Potato Wedges

Garlic and Red Onion Focaccia Slice

Roast Potatoes

Roasted Carrots and Steamed Greens

Braised Peas

Garden Peas Baked Beans W

Roasted Sweetcorn

Panzanella Salad Mixed salad, Croutons & Dressing

> Baked Rice Pudding -Fruit Compote Selection of V

> > foods in the world!

Sticky Orange Cake Selection of 🚜 Yoghurts, Fruit,

Chocolate Pots Selection of __ Yoghurts, Fruit,

Gainsborough Tart Selection of Yoghurts, Fruit,

Cherry Cinnamon Pudding Selection of Yoghurts, Fruit,

Yoghurts, Fruit,

Future 50 Contains one or more of the top

Vegetarian





AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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