

Services for families

At Oasis Academy Bank Leaze, we are committed to supporting all of our pupils and their families during these uncertain and challenging times. If you feel that anyone in your family needs to talk to someone, seek support from a service or find out more details on what is available, we hope the contacts listed below will help address your needs.

- If you have a serious concern about the safety of a child please do get in touch with us during the Half term holiday via the **Oasis National office 020 7921 4200**

Name of service	What does the service offer?	Contact details
Bristol First response	If you have a concern about a child or young person living in North Bristol	Telephone 0117 903 6444
Oasis Hub North Bristol	Our amazing North Bristol Hub Team will be working throughout the holidays. If you need information or advice and support for any other challenges please get in touch.	Aisling Bennett Hub Leader - 07788 338701 - aisling.bennett@oasisuk.org Website: http://www.oasisnorthbristol.org/
North Bristol Foodbank	If you can't afford food, you can call 0808 2082138 for free (open Monday to Friday, 10am to 4pm). You'll confidentially talk to a trained Citizens Advice agent and, if needed, they'll issue you with a food bank voucher.	Email for support - info@northbristol.foodbank.org.uk Telephone support - 0117 9791399
Nextlink	As well as domestic abuse support services, Nextlink provide women's mental health support services and independent support for victims of rape and sexual abuse. If you live in Southmead, Lawrence Weston, Avonmouth, Henbury, Sea Mills or Shirehampton there is a local service that can help if you are concerned about your safety	Next Link domestic abuse telephone help lines are open 10am – 4pm Monday to Friday. 0117 925 0680 Local support: Telephone – 01179 822495 Text – 07714 290011 Email – northernarc@nextlinkhousing.co.uk
North Bristol Children's Centre	Support for families with children ages 0-5year. They can offer advice on mental health, domestic abuse, and parenting. They can also support with accessing foodbank and advice around debts and benefits.	Website https://northbristolcc.org.uk Telephone 01179 030740
National Online safety	A breath on interactive services, which parents can access to support with parenting, mental health, well-being and	Website: https://nationalonlinesafety.com.guides General enquires

	other useful tips during self-isolation and government guidance	hello@nationalonlinesafety.com Telephone 08003688061
ChildLine	A service available to all children to use for support on managing anxiety, domestic abuse, helping abuse, depression, boosting your mood and eating habits.	Telephone 0800 1111
Welfare rights and money advice service	Need help or advice on a benefit related issue? Not sure how to fill in a claim form.	Confidential helpline 0117 352 1888 Mon, Tue, Fri: 8.30 – 1:00. Wed closed all day WelfareRights@bristol.gov.uk
Bristol Law centre	Helping people access justice. Offer initial advice on most family law issues, including divorce & separation, domestic abuse, issues relating to children such as parental responsibility and arrangements, and some financial issues after separation.	Telephone 0117 924 8662 Email mail@bristollawcentre.org.uk Website www.bristollawcentre.org.uk
CHAS Bristol	For anyone facing housing problems or homelessness	Telephone 0117 935 1260 Email advice@chasbristol.co.uk
North Bristol Advice centre	Specialist debt and welfare benefit advice, including appeals.	Telephone 07731 842763 Email team@northbristoladvice.org.uk Website www.northbristoladvice.org.uk
Shelter	We can help people with bad housing or homelessness	Telephone 0344 5151430 Urgent help out of hours 0808 800 4444 Email www.England.shelter.org.uk
Missing link – Women’s mental health services	For those in need of mental health support, missing link has a women’s mental health floating support service in Bristol.	Telephone 0117 925 1811 Email Enquiries@missinglinkhousing.co.uk
Bristol Mind	Could you benefit from understanding how to manage stress and anxiety during COVID -	Telephone 0808 808 0330

	19? Or are you worried about something else? Bristol Mind's emotional support helpline is open 7 nights a week, 7pm -11pm	Website https://bristolmind.org.uk
Bristol Sanctuary	The sanctuary is a safe space for you, for when you can't cope any more or are feeling desperate and alone.	Telephone 0117 9542952 / 07709 295 661 7 days a week 4pm til 10pm Email Awp.bmhsanctuary@nhs.net
National Domestic abuse helpline	If you need to seek help, advice or talk to someone about abuse in a relationship.	Freephone Helpline 0808 2000 247
NSPCC	Children's charity	0808 800 5000
Cruse Bereavement	The coronavirus outbreak is affecting the way we are able to grieve. You may be dealing with sudden loss or trauma, and may be cut off from your usual support network.	0800 808 1677 (Mon – Fri 9 -5)
RESPECT Men's advice line	We run a number of services to keep advancing best practice on work with perpetrators, male victims and young people who use violence and abuse in their close relationships, for services across the domestic abuse sector and more broadly.	0808 801 0327 (Mon – Fri 9- 5)
Samaritans	If you need someone to talk to, we listen. We won't judge or tell you what to do.	Telephone 116 123 Email jo@samaritans.org