

OABL PE Overview

Intent:

Communication, language & vocabulary



Books and reading



Experienced-based learning



Knowledge and retaining knowledge



“Being active is not just good for us physically, it has the power to do some much more. For example, it can reduce anxiety or stress, improve a child’s confidence or self-esteem and bring people from diverse backgrounds together”. Sport England.

- PE at Bank Leaze encourages our students to become healthy, active citizens. We aim to provide children with progressive opportunities to develop physical, social and cognitive competencies through physical activity.
- All children will have access to at least two hours of curricular PE per week, taught by skilled practitioners and/or class teachers who have taken part in professional development sessions. Throughout lessons, children will learn to be resilient when faced with challenges, have the confidence to try new activities, be reflective when improving their own performance, show enthusiasm for activities and show empathy and compassion for others through understanding how to be a gracious winner or loser.
- We will use Government funding to use the expertise of Bristol Sport coaches, who will provide curricular and extra-curricular activities. They will also help the PE leader to assess children and identify any groups in need of additional support.
- With our school focus of incorporating the outdoors wherever possible, using our unique outdoor facilities, all KS2 children will have the opportunity to take part in Outdoor Adventurous Activities.
- Links with local MAT partners and St Bede’s Catholic College will provide opportunities for inter-school competition. Links with external clubs are being sought with the intention of establishing long-term exercise habits and creating a lifelong impact.

Implement:

Coverage through PE curriculum & extra-curricular:

- The PE curriculum is full, diverse and meets the requirements of the National Curriculum.
 - Including KS2 using our unique outdoor spaces to teach Outdoor Adventurous Activities.
- Reception to Year 6 all have at least two hours of quality PE lessons every week.
 - At least one hour of this time is taught by Bristol Sport coaches and takes advantage of their two-coach model, whereby one coach is an activity-specific, qualified expert.
- Teachers work with Bristol Sport coaches to receive weekly CPD in order to build the skills to provide quality PE lessons.
- Work with external partners (St Bede’s Sport Partnership, Active Sport, Bristol Sport) offers a calendar for inter-school competitions in basketball, netball, cycling & tag rugby.
- In Reception children receive two thirty minute music lessons taught by ‘Preludes’* our specialist music teachers.
- Children will leave the academy having experienced swimming lessons at Henbury Leisure Centre, as required in the National Curriculum
- Some PE & Sport Premium funding is spent on playground-specific resources to allow for organised physical activity to take place during lunch breaks.
- Curriculum overview carefully constructed to include different areas such as invasion games, net/wall games, striking games, gymnastics, dance and outdoor adventurous activities. Early Years focus on the three key areas of SOL. Key Stage 1 pupils build a bank of transferable skills (-ing words e.g. catching, kicking, throwing) that can be used in a range of sports. Key Stage 2 pupils undertake sport specific units of work where their prior knowledge and skill sets are adapted to the requirements of the sport in question.

Extra-curricular clubs:

- KS1 & KS2 ‘Forever Sport’ clubs offering two different activities every term
- KS2 football (Terms 1 to 4)
- KS2 cricket (Terms 5 & 6)
- KS1 mindfulness (including yoga)

Assessment:

- Bristol Sport coaches assess children against a set criteria every term.
- PE Lead to identify ‘at-risk’ children to participate in additional sports club for one lunchtime a week with Bristol Sport coaches.

Monitoring:

- Staff and pupil conferencing
- Monitoring of internally taught PE lessons to focus on skills & techniques learned from CPD with Bristol Sport Coaches.

Impact:

Teacher / coach assessment 2019-20:

- 99% of KS2 children enjoying PE
- 100% of KS1 children enjoying PE
- 73% of KS1 children working at age-expected standard
- 84% of KS2 children working at age-expected standard
- 7% of KS2 children working at greater depth
- 35% of KS2 children have attended lunchtime intervention sessions.

Community/families:

- Bristol Sport coaches running a weekly parent fitness club to influence good habits at home.
- Links with local organisations becoming established: new partnership with Access Sport (cycling / sports leadership) and Bristol Grammar School (complimentary use of facilities for Sports’ Day)

Extra-curricular data:

- 52% of KS2 children attending extra-curricular physical activity in 2019-20 (increase from 33% in 2018-19)
- 58% of KS1 children attending extra-curricular physical activity in 2019-20 (increase from 45% in 2018-19)
- Swimming outcomes