

Key Figures	
David Attenborough	Sir David Frederick Attenborough is an English broadcaster and natural historian. He is best known for writing and presenting, in conjunction with the BBC Natural History Unit, the nine natural history documentary series forming the <i>Life</i> collection that together constitute a comprehensive survey of animal and plant life on Earth.

Key Knowledge	
Animal and their offspring	Animals have babies that are their child. Offspring have specific names: dog = puppy cat = kitten
What is the lifecycle of a frog?	Spawn, tadpole, tadpole with legs, froglet, frog.
What are the basic needs of an animal to survive?	Air, Water, Food
Why is it important to exercise and eat healthy?	To grow into a healthy adult, we must eat a balanced diet and have the right amount of exercise. <ul style="list-style-type: none"> • fruit and vegetables • Carbohydrates • Proteins

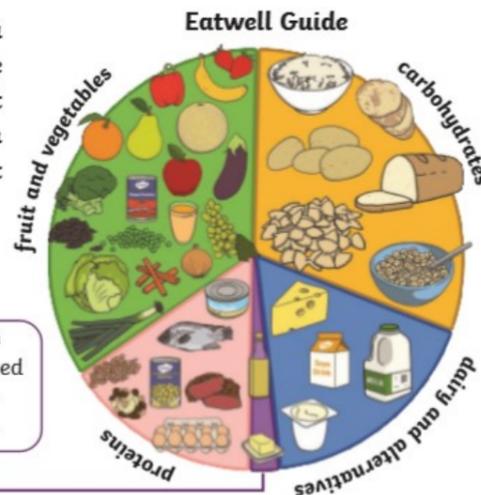
Outdoor Learning
Mud Kitchen - Creating healthy meals for each other
Writing area—Writing recipes and instructions for a healthy meal
Tuff Tay—sorting food into healthy and unhealthy
Creative Area— Healthy meal, under water animals, adults and their offspring
Physical Area—children to create challenges and fitness routines for each other to try.
Water Area - Can you free the animals trapped in plastic. I wonder if you can get the oil off the boats.
Sand Area—Animals in the sand to match to their adults. Group animals based on different features.

Vocabulary
Adult —a fully grown animal or plant
Develop —to grow and become stronger
Life cycle —the changes living things go through to become an adult
Offspring —the child of an adult
Reproduce —when living things make a new living thing of the same kind
Young —offspring that has not reached adulthood
Live young — offspring that has not hatched from an egg.

Relevant Texts
• What a Waste
• One Day in Our Blue Planet in the Ocean
• David Attenborough
• World in Danger
• Little Turtle and the Sea
• Somebody Swallowed Stanley

To grow into a healthy adult, we must eat the right types of food in the right amount and **exercise**.

oils and spreads
Choose unsaturated oils and use in small amounts.



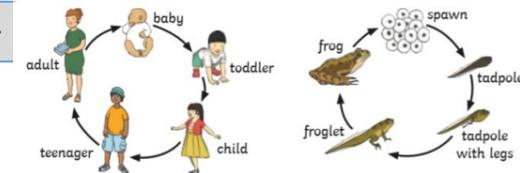
Water, lower fat milk, sugar-free drinks including tea and coffee all count. **6-8 a day**

Eat less often and in small amounts.



Skills	Teaching Strategies
Identify and name a range of animal offspring and their adults. Explore	Children will be given the opportunity to identify and match adults and their offspring. The children will discuss similarities and differences between different animals.
Lifecycle of a frog Observe and discuss	Children will watch videos and presentations explaining the life cycle of a frog. Children will act out the life cycle of a frog remembering key vocabulary. The children will then complete a timeline of the frog lifecycle.
Exercise and Nutrition: Explore, Discuss	Children will explore what nutrition means through videos, presentations and books. They will have the opportunity to create a healthy packed lunch and discuss the balance of foods being consumed. We will discuss how being healthy helps to keep our body and minds healthy.
Observe	We will carry out a hygiene experiment with bread to observe the changes in different environments. Children will record the results and describe the importance of having good hygiene.
Explore David Attenborough.	Children will watch some of his work and explore how much we have learnt from his work. Children will identify 5 things that they have learnt from his work to help our world be a healthier place.

Impact : Why do we teach this? Life skills involved.
Knowledge and understanding of ourselves
Knowledge of the world we live in and how to look after it



Subsequent Learning
KS2 - Animals and Humans

Previous Learning
Reception-
Year 1